



ANNUAL OHS TRAINING CALENDAR JULY 2024– JUNE 2025. ALL SESSIONS STARTS AT 8:00-15:30 HRS

#	Particular	Details	Duration	FIRST-QUARTER			SECOND-QUARTER			THIRD-QUARTER			FOURTH-QUARTER		
				Course Name	Fee (Tsh)	Duration	Jul.	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.
1	NOSHC Module I	820,000	12 Days	June 24- July 06 Mwanza	22 July -03 Aug, Dar	09 - 21 Dodoma	14- 26 Dar	18-30 Arusha	02- 14 Dar	13 - 25 Mwanza	17 -1 Mar Dodoma	03 - 15 Dar	07-19 Geita	12 - 24 Mbeya	02 -14 Dar
2	NOSHC Module II	820,000	12 Days	22 Jul -03Aug Arusha		26 Aug 07 Dar	21-02 Mwanza	04 – 16 Mbeya		13-25 Dar	03 - 15 Mwanza			12 - 24 Dar	16-28 Dodoma
3	OHS Risk Assessment	500,000	5 Days	22-26 Dar	12-16 Mafinga	23-27 Kibaha	21-25 Mwanza	18-22 Dar	16-20 Arusha	27-31 Dodoma	17-21 Geita	17 - 21 Mbeya	7-11 Mwanza	05-09 Dar	23-27 Dodoma
4	OHS in Construction Industry	300,000	4 Days	2-5 Kibaha		10-13 Dodoma	15-18 Dar		10-13 Mbeya	21-24 Mwanza	18-21 Dar	10-13 Mtwara		13-16 Arusha	17 – 20 Dodoma
5	Accident Prevention & Investigation	400,000	4 Days		20-23 Mwanza	10-13 Dar	28-31 Arusha	19-22 Mbeya	17-20 Dar		11-14 Dodoma		1-4 Kibaha		21-24 Mtwara
6	Safe Use of Chemicals at Work	300,000	4 Days		July 30- Aug 2 Kahama	17-20 Dar	22-25 Geita	27-30 Oct Mwanza	10-13 Dar		01March Dar		21-24 Mtwara	21- 24 Dar	10 -13 Mbeya
7	Working at Height	450,000	5 Days	22-26 Dar		16-20 Mbeya	14-18 Dar	18-22 Dodoma		20-24 Arusha	10-14 Dar	23 – 25 Mwanza		26-29 Dodoma	9-13 Kibaha
8	Safe Boiler Operation	300,000	3 Days		26-28 Dar	18-20 Arusha	1-3 Dodoma	26-28 Arusha	11-13 Mtwara	22-24 Mbeya	5-7 Moro	5 - 7 Mwanza		07-09 Dar	11-13 Geita
9	Safety and Health for Human Resource and Managers	200,000	2 Days	30-31 Dar	22-23 Dodoma	25-26 Dar	18-19 Mbeya	2-3 Dar	6-7 Arusha	22-23 Mtwara	20-21 Mwanza	13-14 Mbeya	3-4 Dar	1-2 Dodoma	29-20 Dar
10	Safety of Lifting Appliances	300,000	4 Days		13– 15 Dar	3-5 Dar	1-4 Mwanza		17-19 Mbeya	21-24 Dodoma	4-7 Dar	4 - 7 Arusha	14-17 Mtwara	6-9 Mwanza	10-13 Dar
11	Principles of Ergonomics	250,000	4 Days		13-16 Dar	17-20 Dodoma	22-25 Dar	12-15 Mwanza	11-14 Morogoro	21-24 Arusha	10-13 Mtwara	4 - 7 Dar	1-4 Arusha	6-9 Mbeya	3-6 Dodoma
12	Exposure Assessment	600,000	5 Days					4-8 Dodoma		13-15 Dar	10-14 Arusha	10-14 Dodoma	13-18 Mwanza		03-05 Dodoma
13	OHS in oil and Gas	300,000	3 Days		21-23 Mwanza	18-20 Dodoma		6-8 Dar	11-13 Dodoma	16-18 Dar	12-14 Mwanza		16-18 Arusha	21-23 Dar	18-20 Mwanza
14	OHS in Cold and Hot environments	250,000	4 Days		13-16 Mwanza			19-22 Dar	11-14 Dodoma					13-16 Dar	
15	National OHS Management System training	200,000	3 Days				09-12 Dodoma				12-14 Dar			09-11 Mwanza	4-6 Mwanza
16	OHS in Confined	250,000	3 Days			18-20 Dar		26-28 Dodoma			10-14 Mwanza			6-9 Arusha	
17	OHS courses at workplaces: Electrical safety	250,000	3 Days		12-16 Dodoma	10-13 Dar		6-8 Arusha			12-14 Mwanza			21-23 Dar	03-05 Dodoma
18	OHS in Scaffolding	300,000	3 Days	30 July-02 Aug- Dodoma			22-25 Dar			29-31 Dar		05-07 Dodoma			11-13 Dar

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(July 2024 to June 2025).

- Participants for OHS Risk Assessment, NOSHC I & II, Safe Boiler Operations, Lifting Appliances are required to come with their own PPE's (i.e., Safety Boots, Reflectors etc.)
- This Calendar may be reviewed in a Quarterly bases

19	Safety and Health Reps	250,000	4 Days												
	Lake Zone				13-16 Mwanza		15-18 Shinyanga	12-15 Mwanza			11-14 Simiyu	4-7 Mwanza	14-17 Musoma	13-16 Geita	3-6 Mwanza
														20-23 Bukoba	17-20 Kahama
	Southern Highland Zone			15-18 Mbeya	19-22 Njombe	23-36 S/Wanga	15-18 Iringa	12-15 Mbeya		28-31 Tukuyu		10-13 Katavi	08-11 Chunya	6-9 Mafinga	
	Northern Zone			17-19 Arusha	13-16 Arusha	10-13 Moshi	08-11 Tanga			05-07 Arusha	18-21 Tanga	22-25 Karatu	27-30 Moshi	3-6 Tanga	
					27-30 Babati	24-27 Karatu	08-11 Arusha	26-29 Moshi		25-28 Moshi		29-02 Arusha	20-23 Babati	24-27 Arusha	
	Central Zone			29/07-01/08 Singida	05-08 Dodoma	10-13 Tabora	01-04 Kigoma		03-06 Dodoma	06-09 Dodoma	25-28 Dodoma	10-13 Tabora		14-17 Dodoma	10-13 Dodoma
							28-31 Dodoma					25-28 Singida			
	Southern Zone			23-26 Mtwara	13-16 Songea		15-18 Lindi	12-15 Songea			11-14 Lindi.	4-7 Songea		13-16 Masasi	
20	First Aid	250,000	3 Days												
	Lake Zone				7-9 Mwanza		22-24 Shinyanga	6-8 Mwanza			19-21 Simiyu	12-14 Mwanza	9-11 Musoma	7-9 Geita	11-13 Mwanza
														28-30 Bukoba	24-26 Kahama
	Southern Highland Zone				14-16 Njombe	18-20 S/Wanga	09-11 Iringa	20-22 Mbeya		15-17 Tukuyu		05-07 Katavi	19-21 Mafinga	02-04 Chunya	25-27 Mbeya
	Northern Zone			17-19 Arusha	21-23 Babati	04-09 Moshi	02-04 Tanga			11-14 Arusha	12-14 Korogwe	9-11 Arusha	7-9 Tanga	11-13 Arusha	
					24-26 Moshi	21-23 Tanga	18-20 Karatu	29-31 Arusha		19-21 Moshi		16-18 Karatu	14-16 Moshi	4-6 Babati	
	Central Zone			15-17 Dodoma	14-16 Mpwapwa	23-25 Kondoa	7-9 Kasulu	04-06 Nzega	18-20 Dodoma	04-06 Dodoma	19-21 Dodoma	5-7 Dodoma	20-22 Dodoma	24-26 Singida	
					24-26 Singida	26-28 Dodoma		27-29 Singida						04-06 Tabora	
	Southern Zone			29-31 Mtwara	21-23 Songea		22-24 Lind	20-22 Songea		19-21 Lindi	12-14 Songea		7-9 Masasi.	29-31 Songea	

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SHE REPs & FIRST AID TRAINING FOR COASTAL ZONE (DAR ES SALAAM, PWANI, MOROGORO)

#	Particular	Details	FIRST-QUARTER					SECOND-QUARTER					THIRD-QUARTER					FOURTH-QUARTER								
	Course Name	Safety and Health Reps	Jul.		Aug.		Sept.		Oct.		Nov.		Dec.		Jan.		Feb.		Mar.		Apr.		May		Jun.	
	Fee (Tsh)	250,000	Dar	02 - 05			Dar	03 - 06	Dar	01 - 04			Dar	03 - 06			Dar	04 - 07	Dar	04 - 07	Dar	01 - 04			Dar	03 - 06
	Duration	4 Days	Dar	09 - 12	Dar	06 - 09	Dar	10 - 13	Pwani	01 - 04	Dar	05 - 08	Moro	03 - 06	Dar	07 - 10	Dar	11 - 14	Moro	04 - 07	Dar	08 - 11	Dar	06 - 09	Dar	10 - 13
			Dar	16 - 19	Dar	13 - 16	Dar	17 - 20	Dar	08 - 11	Dar	12 - 15	Dar	10 - 13	Pwani	07 - 10	Pwani	11 - 14	Dar	11 - 14	Dar	15 - 18	Dar	13 - 16	Pwani	10 - 13
			Dar	23 - 26	Dar	20 - 23	Dar	24 - 27	Pwani	08 - 11	Dar	19 - 22	Dar	17 - 20	Dar	14 - 17	Dar	18 - 21	Pwani	11 - 14	Pwani	15 - 18	Pwani	13 - 16	Dar	17 - 20
			Dar	30 - 02	Pwani	20 - 23	Pwani	24 - 27	Dar	15 - 18	Pwani	19 - 22	Moro	17 - 20	Dar	21 - 24	Moro	18 - 21	Dar	18 - 21	Moro	15 - 18	Dar	20 - 23	Dar	24 - 27
					Dar	27 - 30			Moro	15 - 18	Dar	26 - 29			Moro	21 - 24	Dar	25 - 28	Dar	25 - 28	Dar	22 - 25	Dar	27 - 30	Moro	24 - 27
					Moro	27 - 30			Dar	22 - 25	Pwani	26 - 29			Dar	28 - 31					Dar	29 - 02				
									Dar	29 - 01																
									Moro	29 - 01																

#	Particular	Details	FIRST-QUARTER					SECOND-QUARTER					THIRD-QUARTER					FOURTH-QUARTER								
	Course Name	Industrial First Aid	Jul.		Aug.		Sept.		Oct.		Nov.		Dec.		Jan.		Feb.		Mar.		Apr.		May		Jun.	
	Fee (Tsh)	250,000	Dar	03 - 05					Dar	02 - 04			Dar	04 - 06			Dar	05 - 07	Dar	05 - 07	Dar	02 - 24			Dar	04 - 06
	Duration	3 Days	Dar	10 - 12	Dar	07 - 09	Dar	04 - 06	Dar	09 - 11	Dar	06 - 08	Dar	11 - 13	Dar	08 - 10	Dar	12 - 14	Moro	05 - 07	Dar	09 - 11	Dar	07 - 09	Dar	11 - 13
			Dar	17 - 19	Dar	14 - 16	Dar	11 - 13	Pwani	09 - 11	Pwani	06 - 08	Pwani	11 - 13	Pwani	08 - 10	Pwani	12 - 14	Dar	12 - 14	Dar	16 - 18	Dar	14 - 16	Pwani	11 - 13
			Dar	24 - 26	Pwani	14 - 16	Pwani	11 - 13	Dar	16 - 18	Dar	13 - 15	Dar	18 - 20	Dar	15 - 17	Dar	19 - 21	Pwani	12 - 14	Pwani	16 - 18	Pwani	14 - 16	Dar	18 - 20
			Dar	31 - 02	Dar	21 - 23	Dar	18 - 20	Moro	16 - 18	Moro	13 - 15	Moro	18 - 20	Dar	22 - 24	Moro	19 - 21	Dar	19 - 21	Moro	16 - 18	Dar	21 - 23	Dar	25 - 27
					Moro	21 - 23	Dar	25 - 27	Dar	23 - 25	Dar	20 - 22			Moro	22 - 24	Dar	26 - 28	Dar	26 - 28	Dar	23 - 25	Dar	28 - 30	Moro	25 - 27
					Dar	28 - 30	Pwani	25 - 27	Pwani	30 - 01	Pwani	20 - 22			Dar	29 - 31					Dar	30 - 02				
											Dar	27 - 29														
											Moro	27 - 29														

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